

**SOUTH SAN FRANCISCO YOUTH BASEBALL ASSOCIATION**

Post Office Box 711- c/o South San Francisco Park and Recreation

South San Francisco, Calif. 94080

Federal Identification Number 94-2936869

Voice mail (650) 634-9494

**2009 SSF Youth Baseball Camp (s)**  
**7/20-24, 7/27-31, 8/3-7 or 8/10-14**  
**9 AM – 2 PM (Mon-Fri)**

**Camp History: This camp was founded in 1996 and has helped many kids to bridge the gap for players moving from the Pee Wee's and now Mustang's (coach pitch) to the Bronco League (kid pitch).**

**This is an instructional camp, which focuses on the following areas of the game (offense, defense, catching, basic throwing, fielding, base running, etc.) The purpose is to better understand the game through controlled game situations, competition games, individual skill work, and team fundamentals.**

**Location:**

**Alta Loma (Rozzi Field) in SSF**

**Schedule:**

**8:45-9:00 Check-in**

**9:00 –12:00**

**Stretch (proper stretching for baseball)**

**Basic throwing fundamentals**

**Basic fielding fundamentals**

**Importance of base running**

**Hitting fundamentals and drills**

**Position player skills**

**12:00-12:30 Lunch Break (Friday BBQ)**

**12:30 – 1:50**

**Controlled game situations**

**Competitive game**

**Team fundamentals**

**1:50 – 2:00 review + Q and A session**

**Olympic type competition(s) with prizes (Friday)**

**Pack Wars (using baseball cards) with prizes (Friday)**

**Camp Directors: Jim Bernardini & Steve Teani (Lefty's Card Shop)**

**Drills Director "Uncle Dave" Ramirez**

# Enrollment Information

Ages 10 - 13 (players moving into the Broncos and or going into 2<sup>nd</sup> year in the Broncos)

**Equipment needed:**

Glove, bat, baseball cleats (rubber only), baseball pants, athletic supporter/cup and hat.  
Each player must bring lunch, drink and snack each day (BBQ on Friday)

**Dates/Time:**

Session #1 (7/20-24), #2 (7/27-31), #3 (8/3-7), #4 (8/10-14)  
(Mon-Fri.) 9am to 2pm

**Tuition:**

Includes beverage at afternoon break  
Camp Tee-shirt and hat  
\$125 per session (make check payable to Lefty's Card Shop)  
(Special price 2 or more sessions \$100 each does not include 2<sup>nd</sup> hat/shirt)

Lefty's Card Shop  
1859 El Camino Real  
Burlingame, Ca. 94010  
League voice mail 650 634 9494  
Lefty's Fax 650 697 2280  
Email: [jim@leftyssportscards.com](mailto:jim@leftyssportscards.com)  
League Web Site: [www.ssfbaseball.com](http://www.ssfbaseball.com)

**Please cut out and return with payment:**

**Application: Session #(s)** \_\_\_\_\_  
**Players Name:** \_\_\_\_\_  
**Address:** \_\_\_\_\_  
**City:** \_\_\_\_\_ **Zip:** \_\_\_\_\_  
**Emergency phone #** \_\_\_\_\_  
**Last year's team:** \_\_\_\_\_

**Hat (flex fit) s-m** \_\_\_ **m-lg** \_\_\_

**Tee-shirt size: Youth: S** \_\_\_ **M** \_\_\_ **L** \_\_\_ **XL** \_\_\_

**Adult: S** \_\_\_ **M** \_\_\_ **L** \_\_\_ **XL** \_\_\_

**Parent or Guardian must sign:**

As Parent or Legal Guardian of the above applicant, I authorize the SSF Baseball Staff to request medical treatment as necessary to insure the well being of the applicant. We, the undersigned, for ourselves, or heirs, executors and administrators, waiver and release and forever discharge SSF Baseball staff, officers, employees, successors, and assign of an from any and all rights claims for damage to person or property which may be sustained or occur during participation in the activities, to or from program, whether paid damages, injury or loss are due to negligence or not.

**Parent/Guardian Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

